

PARISH OF THE HOLY REDEEMER DUNDALK
14TH FEBRUARY 2021
Sixth Sunday in Ordinary Time
A Parish in the 'Dun Dealgan' Pastoral Area



Wednesday 17th February is Ash Wednesday and marks the beginning of Lent. Lent is the season set aside by the Church to help encourage the spiritual process to take place. It is a sort of a personal spring cleaning which takes place when the whole world of nature around us is in a kind of hidden preparation to burst forth in spring blossom and new life (spring is the original meaning of 'Lent'). There is no disgrace in finding ourselves unready to enter into the spirit of Lent, and it is perhaps worth reflecting on what it is we are spiritually seeking to renew within ourselves. It is first and foremost the quality of our love - our capacity to love, whom or what we love, why we love, how we love, and perhaps most particularly whom or what we choose to exclude from our love, and why. Many people find that the sacrament of penance helps in this process, but even here we do have to *want* it to. Everything we do in Lent should be less a matter of duty, and more a real choice of our deeper selves made in the presence of God.



FOLLOW JESUS THROUGH THE STATIONS OF THE CROSS every Wednesday at 7.00pm during Lent, commencing Ash Wednesday 17th February and can be viewed via our livestream.

ONLINE MASS is available from our Church daily on www.holyredeemerparish.ie or follow us on Facebook. Masses will be live streamed at the following times:-

Saturday Evening Vigil: 6.00pm. **Sundays:** 10.00am and 12.00pm. The 6.00pm Mass will be suspended during the lockdown and all intentions that were booked will be included during the 10.00am Sunday morning Mass.

Weekdays: Monday - Saturday: 10.00am.

The Church will be open for private and solitary prayer each morning from 10.30am - 1.30pm - Monday-Saturday. During the current lockdown Daily Rosary will take place in the Church at 9.15am, Monday to Saturday, followed by Daily Mass at 10.00am.

Friday 3.00pm- Divine Mercy and Eucharistic Way of the Cross, Finishing with Divine Mercy Chaplet.

Sunday 3.00pm -Exposition of the Blessed Sacrament, Rosary and Benediction.

Confessions by appointment - Please ring the Parochial House on 042-9334259.

*A Prayer
For
Saint Valentines Day*

*God bless you
On this special day,
God keep you
In His care.
And may His blessing
And His love
Go with you everywhere*

FAMILY PRAYER BOOKLET:

includes prayers for Lent/ Easter/ Marian Prayers and the Sacraments available at the back of the Church.

TRÓCAIRE The Lenten period is a time when people recommit their support for their brothers and sisters around the world through Trócaire's Lenten Appeal. This Lent, Trócaire's Appeal highlights the impact that conflict has on people's lives in South Sudan and how love, friendship and solidarity can help them to survive and thrive.

Trócaire boxes will be available from the Church Porch.

PARISH PASTORAL COUNCIL MISSION STATEMENT:

"Conscious of our brokenness and moved by the Spirit of Compassion, we the Holy Redeemer Parish Pastoral Council, strive to be messengers of God's healing and love in today's world and to encourage and support all parishioners to bear witness to the Gospel of Christ."

Anniversary and remembrance Masses

Saturday Vigil	13th February	6.00pm	1st Av	Mary Murphy
Sunday	14th February	10.00am	Av's	Dessie & Martin Shields
		12.00pm	Av's	Frank & Lena Myles.
			MM	Patrick Connolly.
			MM	Brendan McGauley.
Monday	15th February	10.00am	RIP	Michael Coulter.
Wednesday	17th February	10.00am	Av	Helen Martin.
Thursday	18th February	10.00am		Special Intention
Sunday	21st February	12.00pm	MM	Gerry McGuirk.
			Av's	Jack, Annie & Michael Egan.



WE REMEMBER THOSE WHO HAVE DIED RECENTLY: Michael Fitzgerald, Marian Park. Tom Sheedy, Ardee Rd. Patrick Connolly, Ard Easmuinn. Gerry McGuirk, Beechmount Drive. Peggy Monahan, Carrick Rd, Anna O'Connell, St. Ronan's Tce. Brendan McGauley. Fr. Tommy McGeough. Fr. Joe McKeever. Sr. Cecilia Donnellan. Niall Hayden, Carrick Road. Michele Catalano, Dublin Road.



An Act Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things,

and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.



Reflection

Many of us are afraid to touch other people, We give a few pennies to a beggar, but make sure there is no contact between us, not even eye-contact. Jesus didn't stand off or keep his distance. He wasn't afraid to touch others. He touched lepers, sinners, sick people, and even the dead. Physical contact is precisely what gives people, especially sick and wounded people, a sense of warmth and joy. By the very act of touching another person, we accept that person exactly as he or she is. Lord, give us a warm heart and kind hands.



COVID-19 Support Line for Older People



ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm by calling :- **0818 222 024.**

Anniversary Masses All Anniversary Masses which have been booked will be celebrated in the Church privately by the Priest's of the Parish and can be viewed via our live stream.

Mass Cards/ Bouquets are always available from the Parish Office during office hours,

WEEKLY FINANCIAL REPORT	TOTAL	CHURCH	ENVELOPE
Parish collection 7th February 2021.	€373.30	Nil	€373.30

SAFEGUARDING CHILDREN AND VULNERABLE ADULTS POLICY STATEMENT: The parish recognises and upholds the rights of all children and vulnerable adults and is committed to ensuring their safety and wellbeing at all times. A copy of the policy is always available for those who wish to view it in the parish office or the Sacristy. The Safeguarding Children representative for Holy Redeemer Parish is Thomas Fox 042-93-34259.



PRIESTS IN PARISH
V Rev Michael Sheehan Adm.
Rev Shajan Panachickal Michael CC
Tel: 042 9334259



PARISH OFFICE HOURS
Monday - Thursday 10am-1pm. 2pm-4pm.
Office closed Friday-Sunday
E-mail: holyredeemerdundalk@gmail.com
www.holyredeemerparish.ie